

2024 ASAP SAFETY PLAN





Lebanon Little League

PO Box 324 Lebanon, IN 46052 www.LebanonLL.org Information@lebanonll.org

TABLE OF CONTENTS

Lebanon LL Safety Mission Statement	3
Emergency Contact Procedures	4
Lebanon Little League Board of Directors	5
Our Facilities	6
First Aid Kits	7
Permission to Give Care	8
League Safety Code	9
Safety Responsibilities	11
Volunteering & Background Checks	15
Child Protection Program	16
Weather Procedures	19
Concession Stand Safety & Operations	21
Summary	23



LEBANON LL SAFETY MISSION STATEMENT



Lebanon Little League will reinforce the ideals set forth by Little League Baseball, Inc. These ideals which teach fair play, good sportsmanship, and the spirit of teamwork should be adhered to and taught to our youth, as well as demonstrated by ALL adults associated with the League.

Our mission is to assist the parents of our players in developing the qualities of **Character**, **Sportsmanship**, **Teamwork**, and **Leadership** by providing quality baseball/softball programs that emphasize fun & safety. By encouraging these qualities, our primary goal is to help these players develop into productive and responsible citizen community members, regardless of their athletic ability.

EVERY CHILD IS IMPORTANT TO OUR FUTURE

IN CASE OF EMERGENCY, CALL 911

Non-Emergency Contact for Police & Fire: 765-482-1412

Once on the phone with Boone County Communications (Dispatch), give them our address of <u>515 Tiger Way</u>. Let them know we are located on the South side of Lebanon High School and provide them with the following info as it pertains to your location:

- Field #1: located on the Southwest corner of property. Best access is through our main parking lot off Tiger Way (Essex Drive)
- Field #2: located on the Southeast corner of the property. Best access is off Somerset Drive
- Field #3: located on the Northwest corner of property. Best access is off Tiger Way (Essex Drive)
- Field #4: located on the Northeast corner of property. Best access is off Tiger Way (Essex Drive)

An Automated External Defibrillator (AED) is located in the concession area next to the bathrooms. The location is marked with a sign.

You will also need to provide the dispatcher with the following:

- The telephone number from which the call is being made.
- Your name
- What has happened (i.e., sports-related accident, fire, fall, etc.)
- The number of people that are involved and their estimated age.
- The condition of the injured person(s) i.e., unconscious, chest pains, or severe bleeding
- What help is being administered (first aid, CPR, etc.)

Do not hang up until the dispatcher hangs up. The dispatcher may be able to provide you with instructions on how to care for the victim(s).

Continue to care for the victim(s) until professional help arrives.

Appoint someone to go to the street and look for the first responders and flag them down, if necessary. This saves valuable time. **Remember, every minute counts!**









LEBANON LITTLE LEAGUE BOARD OF DIRECTORS

<u>President</u> Parrish Peachee – 317-938-1586 <u>president@lebanonll.org</u>

Vice President – Baseball Michael Custis – 317-601-2975 vpbaseball@lebanonll.org

Vice President – Softball Josh Hussung – 317-339-1840 vpsoftball@lebanonll.org

T-Ball Commissioner ---Open--tballcommissionermgr@lebanonll.org

Vice President – Operations Brian Tandy – 317-809-7349 vpoperations@lebanonll.org

Secretary Andrew Mabie – 765-623-4958 secretary@lebanonll.org

<u>Treasurer</u> Chip Hunter – 765-412-1292 <u>treasurer@lebanonll.org</u>

Safety Officer Aaron Carlson – 765-242-3054 safety@lebanonll.org

Player Agent Brian Tandy 317-809-7349 playeragent@lebanonll.org

Softball Development Officer Amy Tenney – 765-748-1256 softballdevelopment@lebanonll.org

Baseball Development Officer Michael Custis – 317-601-2975 baseballdevelopment@lebanonll.org <u>Umpire in Chief</u> Matthew Tenney – 317-514-1816 <u>umpireinchief@lebanonll.org</u>

<u>Scheduling</u> Brian Tandy 317-809-7349 <u>scheduling@lebanonll.org</u>

<u>Fundraising Officer</u> ---Open--fundraising@lebanonll.org

<u>Concessions Commissioner</u> ---Open--concessions@lebanonll.org

<u>Compliance Officer</u> ---Open--compliance@lebanonll.org

Facilities Officer Derrick Hall – 812-216-8895 facilityofficer@lebanonll.org

Buildings and Grounds Luke McQueen – 317-775-2830 grounds@lebanonll.org

Public Information Officer Chip Hunter – 765-412-1292 info@lebanonll.org

Equipment Officer Brad Burns – 765-978-8020 equipment@lebanonll.org

Senior Advisor Matt Reynolds

OUR FACILITIES

Campbell Ballpark

Lebanon, IN



Our facility is located on 10+ acres on the South side of Lebanon High School. The park consists of two baseball diamonds (with lights), two skinned softball diamonds (one with lights), two batting cages, multiple press boxes, umpire facilities, permanent men's & women's restrooms. Parking is located at the Lebanon High School. The parking lot located on the Lebanon Little League property is reserved for Little League Board Members, Umpires and Handicapped Parking only.

FIRST AID KITS

First Aid Kits will be furnished to each team at the beginning of the season. The First Aid Kit will become part of the Team's equipment package and shall be taken to all practices, batting cage practices, games (whether season or post-season) and any other Little League event where children's safety is at risk. Inventory your kit weekly. To replenish materials in the Team First Aid Kit, the Manager or assistant coach must contact the League's Safety Officer or other available Board Member.

The First Aid Kit must be turned in at the end of the season along with your equipment.

Additional First-Aid Kits are available in the snack shacks. Materials from these additional kits may be used in emergency situations. Do not borrow supplies from these kits to replenish materials in the Team's Kit. Contact the League Safety Officer for replenishments.



GOOD SAMARITAN LAWS

There are laws to protect you when you help someone in emergency situations. The "Good Samaritan Laws" give legal protection to people who provide emergency care to ill or injured persons. When citizens respond to an emergency and act as a reasonable and prudent person under the same conditions, Good Samaritan immunity generally prevails. This legal immunity protects you, as a rescuer, from being sued and found financially responsible for the victim's injury. For example, a reasonable and prudent person would:

- Move a victim only if the victim's life was endangered.
- Ask a conscious victim for permission before giving care.
- Check the victim for life-threatening emergencies before providing further care.
- Summon professional help to the scene by calling 9-1-1.
- Continue to provide care until more highly trained personnel arrive.

Good Samaritan laws were developed to encourage people to help others in emergency situations. They require that the "Good Samaritan" use common sense and a reasonable level of skill, not to exceed the scope of the individual's training in emergency situations. They assume each person would do his or her best to save a life or prevent further injury. People are rarely sued for helping in an emergency. However, the existence of Good Samaritan laws does not mean that someone cannot sue. In rare cases, courts have ruled that these laws do not apply in cases when an individual rescuer's response was grossly or willfully negligent or reckless or when the rescuer abandoned the victim after initiating care.

PERMISSION TO GIVE CARE

If the victim is conscious, you must have his/her permission before giving first aid. To get permission you must tell the victim who you are, how much training you have, and how you plan to help. Only then can a conscious victim give you permission to give care. Do not give care to a conscious victim who refuses your offer to give care. If the conscious victim is an infant or child, permission to give care should be obtained from a supervising adult when one is available. Permission is also implied if a victim is unconscious or unable to respond.

Treatment at Site

Do . . .

- Access the injury. If the victim is conscious, find out what happened, where it hurts, watch for shock.
- ✓ Know your limitations.
- ✓ Call 911 immediately if a person is unconscious or seriously injured.
- ✓ Look for signs of injury (blood, black-and-blue, deformity of joint etc.)
- Listen to the injured player describe what happened and what hurts if conscious. Before questioning, you may have to calm and soothe an excited child.
- ✓ Feel gently and carefully the injured area for signs of swelling or grating of broken bone.
- ✓ Talk to your team afterwards about the situation if it involves them. Often players are upset and worried when another player is injured. They need to feel safe and understand why the injury occurred.

Don't . . .

- ✓ Administer ANY medications!
- ✓ Provide any food or beverages (other than water)
- ✓ Hesitate in giving aid when needed.
- ✓ Be afraid to ask for help if you're not sure of the proper Procedure, (i.e., CPR, etc.)
- ✓ Transport injured individuals except in extreme emergencies.

Every team manager is supplied a Team Binder which includes a copy of every player's Medical Release Form. This document contains emergency phone numbers, doctor, and hospital information. <u>The binder is</u> <u>required to be at and in view at every game or practice</u>. Should a manager be unable to make a game or <u>practice</u>, he/she must ensure that the binder and first aid kit accompanies the equipment to any team <u>function</u>.

NOTIFICATION OF FAMILY

It is extremely important that, as soon as provision has been made for the care of injured or ill people who require outside treatment, their family be notified as soon as possible.

FOLLOW-UP ON FIRST AID CASES

1. The Team and League Safety Officer should follow up with the parents/guardians of the injured player within 24 hours of the incident.

2. A thorough investigation will be made to find the cause(s) of an accident and action started to prevent reoccurrence.

3. An insurance claim should be filed when outside medical attention is required. Do not wait for medical bills to arrive. They can be submitted as they become available. They must be identified by including the person's name, league name and number, date of injury, and city and state of residence. Bills should be itemized to show dates and types of treatments.

4. A player placed in the care of a doctor is required to provide their manager and the League with a letter from their physician releasing the player to play ball before being allowed to return to the field.

LEAGUE SAFETY CODE

The Board of Directors of our Little League has mandated the following Safety Code. All managers and coaches will read this Safety Code and then discuss it with the players on their team.



• Responsibility for safety procedures belongs to every adult member of our Little League.

• Each player, manager, designated coach, umpire, team safety officer shall use proper reasoning and care to prevent injury to himself/herself and to others.

- Only League approved managers and/or coaches are allowed to practice teams.
- Only League-approved managers and/or coaches will supervise batting cages.

• Arrangement should be made in advance of all games and practices for emergency medical services.

• First-aid kits are issued to each team manager during the pre-season and re-stocked, as needed

• No games or practices will be held when weather or field conditions are poor, particularly when lighting is inadequate.

• Play area will be inspected before games and practices for holes, damage, stones, glass, and other foreign objects.

• Team equipment should be stored within the team dugout or behind screens, and not within the area defined by the umpires as "in play."

• Only players, managers, coaches, and umpires are permitted on the playing field or in the dugout during games and practice sessions.

• All catchers must wear a mask, "dangling" type throat protector and catcher's helmet during practice, pitcher warm-ups, and games.

- Shoes with metal spikes or cleats are not permitted
- Reduced impact balls will be used in all T-Ball and Challenger Divisions.
- Disengage-able bases are mandatory for ALL league fields.
- Players will not wear watches, rings, pins, jewelry or other metallic items during practices or games. Exception: Jewelry that alerts medical personnel to a specific condition is permissible but must be taped in place.
- No food, at any time, in the dugouts. (Including sunflower seeds)
- Catchers may not catch, whether warming up a pitcher, in practices, or games without wearing a full catcher's mask, athletic cup (males only) and catcher's glove.
- Managers and coaches will never leave an unattended child at a practice or game.
- •Golf carts, and other motorized vehicles, are not allowed past the designated signs.

Batting Cage Safety Rules

•It is mandatory at all times, that a batter must have on a helmet and a catcher must be in full catcher's gear while in a batting cage.

•Adult supervision is required at all times when the batting cage is in use. The adult must be a league-approved volunteer.

•Only one batter and one pitcher are allowed in the cage at one time.







• NO ALCOHOL OR DRUGS ARE ALLOWED AT ANY FIELDS AT ANY TIME.

• No medication will be taken at the facility unless administered directly by the child's parent. This includes aspirin and Tylenol.

- No playing in the parking lots at any time.
- No playing on the mounds of field mix and conditioner behind the storage garage.
- No playing on and around equipment and machinery at any time.

• NO SMOKING / TOBACCO PRODUCTS ALLOWED AT ANY OF OUR FACILITIES OR FIELDS. THIS INCLUDES E-CIGARETTES AND CHEWING TOBACCO.

• No swinging bats or throwing baseballs at any time within the walkways or common areas of the complex.

- No throwing rocks.
- No climbing fences.
- Observe all posted signs.



• All gates to the fields must always remain closed. After players have entered or left the playing field, gates should be closed and secured.

- Use crosswalks when crossing roadways. Always be alert for traffic.
- PETS ARE NOT PERMITTED ON THE PREMISES AT ANY TIME—EVEN IN CARS. THIS INCLUDES DOGS, CATS, HORSES, ETC.

• No one is allowed on the complex with open wounds at any time. Wounds should be treated and properly bandaged.

• There is no running allowed in the bleachers.

<u>Never hesitate to report any present or potential safety hazard to a LLL Board Member</u> <u>immediately.</u>

Think SAFE Be SAFE





SAFETY RESPONSIBILITIES

> The President

The President of our league is responsible for ensuring that the policies and regulations of the League's Safety Officer are carried out by the entire membership to the best of his/her abilities.

League Safety Officer

The main responsibility of the Safety Officer is to develop and implement our League's safety program. The Safety Officer is the link between the Board of Directors of our Little League and its managers, coaches, umpires, players, spectators, and any other third parties on the complex regarding safety matters, rules, and regulations.

The Safety Officer's Responsibilities Include:

• Prepare and update the League's Safety Plan.



- Coordinate with the Teams to provide the safest environment possible.
- Assisting parents and individuals with insurance claims and will act as the liaison between the insurance company and the parents and individuals.
- Explain insurance benefits to claimants and assist them with filing the correct paperwork. Refer to www.lebanonll.org for further information.
- Keep the First Aid Log. This log will list where accidents and injuries are occurring, to whom, in which divisions, at what times, and under what supervision.

• Correlate and summarize the data in the First-Aid Log to determine proper accident prevention in the future.

- Ensure that each team receives its Safety Manual and its First-Aid Kit at the beginning of the season.
- Installing a First-Aid Kit in the concession stand and re-stocking the kit as needed.
- Make Little League's "no tolerance with child abuse" clear to all.
- Inspect the concession stand and check fire extinguishers.
- Check fields and list areas needing attention.

• Act immediately in resolving unsafe or hazardous conditions once a situation has been brought to his/her attention.

- Make spot checks at practices and games to make sure all managers have their First Aid Kits and Binders.
- Track all injuries and near misses to identify injury trends.
- Visit other leagues to allow a fresh perspective on safety.

• Make sure that safety is a monthly Board Meeting topic and allow experienced people to share ideas on improving safety.

Managers and Coaches

The Manager is a person appointed by the President to be responsible for the team's actions on the field, and to represent the team in communications with the umpire and the opposing team.

• The Manager is responsible for the team's conduct, observance of the official rules and deference to the umpires. *Remember coaches are Role Models*.

• The Manager is responsible for the safety of the players. He/She is also ultimately responsible for the actions of designated coaches.

• If a Manager leaves the field, that Manager will designate an approved Coach as a substitute and such Substitute Manager shall have the duties, rights, and responsibilities of the Manager.

PRE-SEASON

- Take possession of the Team Binder, Equipment Bag & First-Aid Kit.
- Complete the CDC Concussion Training video: <u>http://www.cdc.gov/concussion/headsup/training/index.html</u>
- Attend the mandatory Coaches Meeting as scheduled.

• Cover the basics of safe play with his/her team before starting the first practice.

• Teach players the fundamentals of the game while advocating safety.

• Inform parents that if a child was injured and sought medical care, he or she cannot return to play or practice unless they have a note from their doctor. This **medical release** protects you if that child should become further injured or ill. **There are no exceptions to this rule.**

- Encourage players to bring water bottles to practices and games.
- Tell parents to bring sunscreen for themselves and their child.

SEASON PLAY

- Ensure Team Equipment is in first-rate working order.
- Make sure a cell phone is available at all activities including practices.
- Do not expect more from your players than what the players are capable of.
- Teach the fundamentals of the game to players such as catching fly balls, sliding correctly, proper fielding of ground balls, simple pitching motion for balance
- Be open to ideas, suggestions, or help.



- Enforce that prevention is the key to reducing/keeping accidents to a minimum.
- Always have the First-Aid Kit and Team Binder on hand.
- Use common sense.

PRE-GAME AND PRACTICE

• Make sure that players are healthy, rested and alert.

• Make sure that players returning from being injured have a medical release form signed by their doctor. Otherwise, they can't play.

- Make sure players are wearing the proper uniform and catchers are wearing a cup.
- Make sure that the equipment is in good working order and is safe.

• Agree with the opposing manager on the fitness of the playing field. If the two managers cannot agree, a board member shall make the determination.

DURING THE GAME

• Make sure that players carry all gloves and other equipment off the field and to the dugout when their team is up at bat.

- No equipment shall be left lying on the field, either in fair or foul territory.
- Keep the players alert.
- Maintain discipline at all times.



• Be organized.

• Keep players and substitutes sitting on the team's bench or in the dugout unless participating in the game or preparing to enter the game.

- Make sure catchers are wearing the proper equipment.
- Encourage everyone to think Safety First.
- Observe the "no on-deck" rule for batters and non-batting players in the dugout.
- No player should handle a bat in the dugouts at any time.

• Keep players out of bullpen unless they are pitcher and catcher in the proper gear getting warmed up to enter the game.

- Get players to drink often so they do not dehydrate.
- Do not play children that are ill or injured.
- Attend to children that become injured in a game.
- Not lose focus by engaging in conversation with parents and other people.

POST GAME

• Do cool down exercises with the players.

• Not leave the field until every team member has been picked up by a known family member or designated driver.

• Notify parents if their child has been injured no matter how insignificant the injury is. There are no exceptions to this rule. This protects you, Little League Baseball, Inc., and our local league.

- Discuss any safety problems with a Board Member that occurred before, during or after the game.
- If there was an injury, ensure an Accident Report was filled out and given to the League Safety Officer.
- Return the field to its pre-game condition, per League policy.



If a manager knowingly disregards safety, he/she will be brought before the League's Board of Directors to explain his or her conduct.

VOLUNTEERING & BACKGROUND CHECKS

Starting in 2017, Little League's official regulations have been revised to state that all leagues in the United States are required to conduct background checks that utilize the **JDP Background Screening** program provided by Little League International, or another provider that is comparable to JDP in accessing background check records for sex offender registry data and criminal records.

As part of the Little League Child Protection program, Little League International's Risk Management Department has gone to great lengths to provide each local league with the tools to protect its players and all volunteers. Each year, Little League has provided local leagues and districts in the United States with 125 JDP background checks paid for by Little League International and will continue to do so with the new regulation. Little League International was the first youth sports organization to require some level of background checks, making them mandatory for some volunteers beginning in 2003. Beginning in 2007, it was mandatory for local leagues to conduct a nationwide search that contains the applicable government sex offender registry data. The new regulation expands this regulation to include a broader, comprehensive Background check.

Background Check Process

A completed background check must be submitted every year regardless of a volunteer's history with the

<u>league.</u> Every person within Lebanon Little League is subject to a background check should that person have repetitive access to players. This includes, but is not limited to, board members, managers, coaches, team parents, umpires, team parents, field maintenance, concessions managers, score keepers, and announcers. All background checks are performed by the League President.

By using JDP, volunteers are no longer required to complete the printed Volunteer Applications. Instead, the League representative (typically the League President) will collect the name and email addresses of interested/required volunteers. These names will be entered into the JDP system. Volunteers will then receive an email with instructions to complete their check online. The League Officer will be able to review the reports for both completed and pending volunteers.

The online process takes just 5-10 minutes. Volunteers will enter their own information into the secure JDP system thus providing an additional level of security for the volunteer since they are no longer required to write their personal information down – and – the added security that the leagues will no longer have to store their personal data.



The JDP system sends out reminders every 2 days for volunteers who have not yet completed their online portion. Once the check is complete, both the Volunteers and League Officials will receive confirmation via email. Only those volunteers who have completed the background check process will be granted access to the players. Anyone refusing to complete a background check will NOT be allowed access to the players.

Lebanon Little League (LLL) President will conduct a secondary background check by using mycase.in.gov. Any potential volunteer with pending or decided criminal charges will be evaluated by the LLL Board of Directors by an anonymous vote. Only the LLL President will know the name of the individual.

Required Abuse Awareness Training for Adult Volunteers

In 2018, the "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" became Federal law. As part of SafeSport, abuse awareness training has been highly encouraged for participants and volunteers in the Little League program.

Beginning in 2024, this training will now be a required part of the annual Little League Volunteer Application, along with the annual background check. The training must be completed before any individual can assume any duties for the current season, including District Administrators and Assistant District Administrators.

It is important that all volunteers in a league complete the training on an annual basis. Even though it may be a training an individual has completed in the past, it is important to keep the information that is taught through Abuse Awareness Training fresh in everyone's mind. The more individuals involved in a league that have the information that Abuse Awareness Training provides, the better.

USA Baseball's BASE Abuse Awareness Training is a FREE online training that is SafeSport-compliant. This course can be completed in approximately 30 minutes online, producing a certificate of completion that you will share with the individual at your league who is responsible for overseeing your league's background checks to verify you have completed the training. Regardless of which training program is used, each individual is responsible for providing their league with documentation to show that they've completed Abuse Awareness Training, annually.

•Visit http://www.LittleLeague.org/SafeSport for information on how to access the USA Baseball's BASE Abuse Awareness Training and for more information on this Federal law.

Child Protection Program

FEDERAL, STATE, & LOCAL LAWS REQUIRES ANY ADULT WHO IS MADE AWARE OF SUSPECTED CHILD ABUSE, INCLUDING SEXUAL ABUSE, MUST REPORT IT TO LAW ENFORCEMENT WITHIN 24 HOURS.

The backbone of Little League is the adult volunteer. It is this corps of dedicated people who coach the teams, umpire the games, work in the concession stands, serve on the local board of directors, and serve at the district level. These people make Little League the world's largest and most respected youth sports organization.

We know that the greatest treasure we have is children. As adults, we must ensure that these young people are able to grow up happy, healthy and, above all, safe. Whether they are our children, or the children of others, each of us has a responsibility to protect them.

The Little League Child Protection Program seeks to educate children and volunteers in ways to prevent child abusers from becoming involved in the local league. Part of that education has been to assist local Little League volunteers in finding effective and inexpensive ways to conduct background checks. Little League regulations now say: "No local league shall permit any person to participate in any manner, whose background check reveals a conviction for any crime involving or against a minor." (Reg. I [c] 9.)

Background checks were optional until the 2003 season. Effective in 2007, the local league must conduct a nationwide search that contains the applicable government sex offender registry data. Advances in computer technology – allowing greater access to public records – make it possible for background checks (at a minimum, to see if an individual is a registered sex offender in any given state) to be conducted in every U.S. state. Local Little League programs are now required to annually conduct a background check of Managers, Coaches, Board of Directors members and any other persons, volunteers or hired workers, who provide regular service to the league and/or have repetitive access to, or contact with, players or teams. (Reg. I [b], Reg. I [c] 9.)

The purpose of these background checks is, first and foremost, to protect children. Second, they maintain Little League as a hostile environment for those who would seek to harm children. Third, they will help to protect individuals and leagues from possible loss of personal or league assets because of litigation. The United States Department of Justice National Sex Offender Public Registry is free and available at <u>www.nsopr.gov</u>.

WHAT CAN PARENTS DO

Most children have been warned about the dangers of talking to strangers. But for many children, sexual molestation is committed by someone they know. In fact, 80 to 85 percent of all sexual abuse cases in the U.S. are committed by an individual familiar to the victim, according to statistics compiled by Big Brothers & Big Sisters of America.

The truth is, child sex offenders can come from every background, every occupation, every race, and every level of education. They may be married, and they may have children of their own. It is dangerous to believe that the only threat is the stranger in a long raincoat, lurking behind a tree.

In fact, the promotion of this myth may contribute to the problem. Sometimes, a child who is molested by a known and "trusted" person will feel so guilty about not reacting the "right" way that he or she never reports the problem. Sadly, we have all seen too many reports in which teachers, police officers, clergy, youth sports volunteers, etc., trusted by all, have violated that trust and molested children in their care. Of course, this must never be tolerated in Little League or anywhere else.

In many of these situations, the young victims are seduced, sometimes over a period of months or even years. The child's family is lulled into believing the unusual attention being lavished is a bond of friendship between the adult and the child. In fact, the adult abuser often uses gifts, trips, attention, and affection as part of a courtship process. Sometimes, the courtship process extends to the child's parent(s), but the real target is the child.

Often, but not always, the victim of this type of child sex offender is the child of a single parent. In these cases, the single parent sees the child's adult friend as a surrogate parent – a Godsend. The very opposite is true.

TWO GOOD RULES OF THUMB

Generally, a person involved in a local Little League program should not put himself or herself in a oneon-one situation involving a child who is not their own. Of course, some isolated situations may arise where one-on-one situations could take place. However, a one-on-one situation should not be actively sought out by the adult and should not be an ongoing occurrence.

Generally, a person involved in a local Little League program should not provide unwarranted gifts, trips, attention, and affection to individual children who are not their own. The key word is unwarranted.

WARNING SIGNS OF A SEDUCER

While it remains important to teach young children about the dangers of accepting items from strangers, or talking to them, we should all beware of the danger posed by the "seducer-type" child sex offender.

Each of the individual signs below means very little. Taken as a group, however, the signs MAY point to this type of child sex offender and should be applied to anyone who has repetitive access to, or contact with, children.

• Provides unwarranted gifts, trips, affection and attention to a specific child or small group of children

- · Seeks access to children
- \cdot Gets along with children better than adults
- \cdot "Hangs around" children more than adults

 \cdot Has items at home or in vehicle specifically appealing to children of the ages they intend to molest, such as posters, music, videos, toys, and even alcohol or drugs

• Displays excessive interest in children (may include inviting children on camping trips or sleepovers) • Single, over 25 years old (but could be married, sometimes as a "cover," and could be any age)

- \cdot Photographs or videotapes children specifically
- \cdot Lives alone, or with parents
- · Refers to children as objects ("angel," "pure," "innocent," etc.)
- \cdot Manipulates children easily

Again, each of these items, by themselves, is relatively meaningless. Taken together, however, they may indicate a problem.

WHAT TO WATCH FOR

We've seen the signs that could point to a child sex offender, but what about the signs a child might display when he or she has been sexually abused or exploited? Some of these symptoms may be present in a child who has been or is being sexually abused, when such symptoms are not otherwise explainable: sudden mood swings, excessive crying, withdrawal, nightmares, bed-wetting, rebellious behavior, fear of particular people or places, infantile behavior, aggressive behavior, and physical signs such as pain, itch, bleeding, fluid, or rawness in private areas.

TALK TO YOUR KIDS. LISTEN TO YOUR KIDS

It is important that you as a parent talk frankly to your children. If a child reports sexual abuse, statistics show he or she is probably telling the truth.

Unfortunately, the sexually molested child often sees himself or herself as the one "at fault" for allowing abuse to happen. Your children MUST know that they can come to you with this information, and that you will support them, love them, and believe them.

If there is an allegation of sexual abuse of a minor, the crime MUST be reported immediately. These criminals who steal childhood MUST BE STOPPED.

WEATHER PROCEDURES

Temperature

For the protection of our players, coaches, and families, LLL does not allow practices or games if the windchill is 40 degrees or less, or the heat index is at or above 104 degrees, as stated by the National Weather Service. Managers and Coaches should use their best judgment and keep the comfort and safety of the players as their #1 priority.

The heat index should be checked every 30 minutes if the heat index is 96 degrees or greater to monitor for increased heat index utilizing National Weather Service information only. League officials will provide a decision no later than 4:00pm prior to the start of the scheduled games and/or practices. Scheduled games may be rescheduled or cancelled altogether. Practices scheduled later in the same evening may be held if the heat index drops to acceptable levels. All reporting should be conducted by the Little League President, Vice Presidents, and Safety Officer.



White Zone: (65-79 degrees Heat Index) No danger from heat, no special measures need to be taken.

Yellow Zone: (80-90 degrees Heat Index) Coaches are encouraged to take the extra step to protect their players and ensure they are hydrated.

Orange Zone: (91-95 degrees Heat Index) All measures taken in the previous zone should be taken. In addition.

- A catcher should not catch for more than two consecutive innings.
- Water breaks are highly recommended every 20 minutes during practice.

Red Zone: (96-103 degrees Heat Index) All measures taken in the previous zone should be taken. In addition.

- Special precautions are to be given to all players, including catchers and pitchers. A catcher or pitcher in the field of play shall be given water breaks whenever necessary.
- Provide an additional 5-minute break in between innings to give the defensive team time to take a break.
- Re-check heat index every 30 minutes to monitor for increased heat index.

Black Zone: (104 degrees Heat Index and greater) All games and practices are cancelled until the heat index falls below 104 degrees.

Other weather-related conditions such as air quality and high humidity will be examined on a case-by-case basis.

<u>Players are not to be penalized if the parent wishes to remove their child from practice or game play due to weather related concerns.</u>

Lightning Policy

Lebanon LL has adopted the following lightning policy for the safety of children, fans, coaches, officials, and volunteers participating in LLL activities. While no policy can give 100% assurance against a lightning strike, the following guidelines are meant to minimize the risk of participants being struck during LLL activities.

How lightning is detected...

All LLL board members and coaches have access to a lightning detecting application on their mobile devices (Thorguard). The lightning application provides notifications if there are any lightning strikes within 10 miles of the LLL ballpark. LCSC also has an audible siren that can, at times, be heard at our ballpark. All board members and coaches are responsible for ensuring that they have access to their device anytime inclement weather is forecasted. LLL will have designated board members who are responsible for communicating any weather-related game stoppages or postponements to LLL coaches and officials. In addition, all LLL coaches and umpires are encouraged to monitor local weather reports and conditions prior to scheduled activities and to notify LLL representatives if lightning is detected.

What to do if lightning is detected....

Once a lightning strike is detected within 10 miles, all practices and games should stop immediately, and everyone should quickly move to a safe location such as their vehicles or inside the closest permanent shelter. Dugouts and concession stand awnings are not considered safe locations during a lightning storm. There should be no attempt to complete an inning regardless of the game situation. Managers are responsible for ensuring all the players make it to safety and are encouraged to have a system in place to keep players and parents informed of game status.

Once lightning has been detected, all practices and games will immediately be postponed. Teams will not be allowed to resume play until there has been at least 30 consecutive minutes since the last detection of lightning within the 10-mile radius. If any lightning strike is detected within a 10-mile radius after the initial



detection the 30-minute postponement period will restart. Activity must never resume until at least 30 minutes have passed after the last detection of lightning.

Once lightning has been detected and activities are postponed a designated LLL board member will be responsible for making the decision to cancel or postpone the scheduled activities in the event of prolonged lightning activity or inclement weather. Any game that has not completed 3 innings of play will be rescheduled for another date. If 3 innings have been completed, it will be considered a complete game and the score will be final with no reschedule needed. Any cancellations will be posted on the league schedule and email notifications will be announced publicly to coaches and parents.

CONCESSION STAND SAFETY & OPERATION

The concession stand is provided for the convenience of the parents and players of the league. In order to keep the stand operating safely, certain rules must be followed.

• No person under the age of eighteen (18) will be allowed to cook in the concession stand.

• No person under the age of twelve (12) will be allowed to work in the concession stand without a parent or guardian present.

• People working in the concession stand will be trained in safe food preparation. Training will cover safe use of the equipment.

• Cooking equipment will be inspected periodically and repaired or replaced if need be.

• Food not purchased by the League to sell in its concession stand will not be cooked, prepared, or sold in the concession stand.

- Cooking grease if used will be stored safely in containers away from open flames.
- Cleaning chemicals must be safely stored.
- A Certified Fire Extinguisher suitable for grease fires must be placed in plain sight.
- All concession stand workers are to be instructed on the use of fire extinguishers.
- A fully stocked First Aid Kit will be placed in each the concession stand.

• The concession stand main entrance door and rear door will not be locked or blocked while people are inside.

• All concession stand staff will successfully complete the volunteer background check process.



CONCESSION STAND SAFETY & OPERATION (cont...)

- Concession Stand will open at least 15 minutes prior to start of first game
- Proper procedures for safely handling and preparing food will be followed
- All concession stand employees will wash hands after handling raw foods and after cleaning
- It is recommended that staff wears latex gloves during food preparation

• Concession stand will close 1 hour after the last scheduled game has started (unless authorized by a Lebanon Little League Board Member).

- All appliances are to be turned off and/or unplugged
- Trash containers inside of the concession stand will be emptied nightly.
- Ensure all items in the refrigerator are covered.

• One member of the concession stand staff, and at least one LLL Board member will countdown and reconcile the cash & credit card sales at the end of each night. Proper reconciliation paperwork must be completed daily.

- Any money left on premises overnight must be secured inside of the locked safe
- Concession staff are not to walk out of the ballpark alone. Always have someone with you.
- A copy of this ASAP Plan must be kept inside of the concession stand



Our League's safety mission is to maintain a high degree of safety awareness and ensure our league is safe for the players and its volunteers. In addition, this document communicates what is expected from all Coaches, Players, Volunteers, and Parents. It is the policy of our league to provide an environment in which the risk of injury is reduced to the lowest possible level by the application of our published safety code. Behavior in violation of the safety code will be treated as misconduct and may remit in the application of appropriate corrective action up to and including dismissal.

This Safety Plan is a living document and will be updated as new policies and procedures are identified.

It is also available online at <u>www.lebanonll.org</u>.

Please forward any recommendations, concerns, or corrections to any Lebanon Little League Board Member.

Parrish Peachee
PRESIDENT
LEBANON LITTLE LEAGUE

Aaron Carlson SAFETY OFFICER LEBANON LITTLE LEAGUE

v. 12/2023